Annual Water Quality Report

Water testing performed in 2007

Presented By:

Mountain Water District

PWS ID#:
0980575
0980350
3303009
Community Participation

You are invited to participate in our public forum and voice your concerns about your drinking water. We meet on the last Wednesday of each month beginning at 10:00 a.m. at the Mountain Water District offices located at 6332 Zebulon Highway, Pikeville, Kentucky.

Meeting the Challenge

Once again we proudly present our annual water quality report. This edition covers all testing completed from January 1 through December 31, 2007. Over the years, we have dedicated ourselves to producing drinking water that meets all state and federal drinking water standards. We continually strive to adopt new and better methods for delivering the best quality drinking water to you. As new challenges to drinking water safety emerge, we remain vigilant in meeting the challenges of source water protection, water conservation and community education while continuing to serve the needs of all our water users.

Important Health Information

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants may be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. The U.S. EPA/CDC (Centers for Disease Control and Prevention) guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791.

Substances That Could Be in Water

To ensure that tap water is safe to drink, the U.S. EPA prescribes regulations limiting the amount of certain contaminants in water provided by public water systems. U.S. Food and Drug Administration regulations establish limits for contaminants in bottled water, which must provide the same protection for public health.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals, in some cases, radioactive material; and substances resulting from the presence of animals or from human activity. Substances that may be present in source water include:

- **Microbial Contaminants**, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, or wildlife;
- **Inorganic Contaminants**, such as salts and metals, which can be naturally occurring or may result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming;
- **Pesticides and Herbicides**, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses;
- **Organic Chemical Contaminants**, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and may also come from gas stations, urban stormwater runoff, and septic systems;
- **Radioactive Contaminants**, which can be naturally occurring or may be the result of oil and gas production and mining activities.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects may be obtained by calling the U.S. EPA's Safe Drinking Water Hotline at (800) 426-4791.
Source Water Assessment

The Safe Drinking Water Act Amendments of 1996 require every water system to prepare a source water assessment that addresses the system’s susceptibility to potential sources of contamination. Summaries of the assessments for the three service areas are as follows:

Marrowbone Area
The source water protection area is highly influenced by coal mining industries and the Breaks Interstate Park. The area is also highly influenced by commercial and industrial businesses, traffic flow, and the location of major railways. Other areas of concern include non-point sources of pollution originating from activities such as agriculture, mining, and road construction. Within the greater source water protection area potential contaminant sources of concern include 1 major road, 2 railroads, 3 small sewage plants, 2 areas of waste generation or transportation, 10 bridges and culverts, and 2 points of active mining activity. Each of these potential sources of contamination is rated high in a susceptibility analysis because of the contaminant type, their proximity to the intake, and the high chance of release. This completed plan is available for review at the main office of Mountain Water located at 6332 Zebulon Highway.

Pikeville Area
Activities and land uses upstream of Pikeville Water Department source of water can pose potential risks to your drinking water. An analysis of the susceptibility of the Pikeville Water Department raw water supply to contamination has been completed. The area is highly influenced by commercial and industrial businesses, traffic flow on US 23, and the location of major railways. As with most of Kentucky’s surface water sources of supply, Pikeville Water Department is subjected to non-point pollution from various activities such as agriculture, mining and road construction. Within the greater source water protection area potential contaminant sources of concern include 3 major roads, 1 railroad, 4 small sewage plants, 1 active contained landfill, 1 active superfund site, 9 bridges and culverts, and 3 points of active mining activity. Each of these potential sources of contamination is rated high in a susceptibility analysis because of the contaminant type, their proximity to the intake, and the high chance of release. The final source water assessment has been completed by the Big Sandy Area Development District, and is available for inspection at their office, the Pike County Judge’s office, and the Pikeville/Pike county public library.

Williamson Area
This was completed in 2003 by the West Virginia Bureau for Public Health. The intake that supplies drinking water to Williamson Utility Board has a higher susceptibility to contamination, due to the sensitive nature of surface water supplies and the potential contaminant sources identified within the area. This does not mean that this intake will become contaminated; only that conditions are such that the surface water could be impacted by a potential contaminant source. Future contamination may be avoided by implementing protective measures. The source water assessment report which contains more information is available for review or a copy will be provided to you at the Williamson Utility Board office during regular business hours.

Additional Monitoring
Data from sampling for Giardia and E. Coli from raw water BEFORE it enters the water treatment plant are required as part of the new EPA regulations called Stage 2 Long Term Enhanced Surface Water Treatment Rule (LT2). Although Giardia and E. Coli data from the raw water source is not required for compliance purposes, the results indicated a detectable amount of both contaminants at an average level of 0.2 cysts per 100 liters for Giardia and 129 N/100 mL for E. Coli over a six (6) month period. These contaminants can be removed through filtration and disinfection. These coliforms can cause diarrhea, cramps, nausea, headaches, or other symptoms. They may pose a special health risk for infants, young children, and people with severely compromised immune systems. Sampling for these contaminants on the finished (treated) water is not being performed at this time.

Questions?
For more information about this report, or for any questions relating to your drinking water, please call Tammy Olson or Will Brown at the Mountain Water District, (606) 631-9162.
Cryptosporidium in Drinking Water

Cryptosporidium is a microbial pathogen found in surface water throughout the U.S. Although filtration removes Cryptosporidium, the most commonly used filtration methods cannot guarantee 100% removal. Monitoring indicates the presence of these organisms in our source water at a level of 0.016 cysts per 100 liters over a period of six (6) months. Sampling was performed, as required, on the raw water that comes directly from the Russell Fork on the Big Sandy River. Current test methods do not allow us to determine if the organisms are dead or if they are capable of causing disease. Ingestion of Cryptosporidium may cause cryptosporidiosis, an abdominal infection. Symptoms of infection include nausea, diarrhea, and abdominal cramps. Most healthy individuals can overcome the disease within a few weeks. However, immunocompromised people, infants and small children, and the elderly are at greater risk of developing life-threatening illness. We encourage immunocompromised individuals to consult their doctor regarding appropriate precautions to take to avoid infection. Cryptosporidium must be ingested to cause disease, and it may be spread through means other than drinking water.

About Our Violations

During the calendar year of 2007, the City of Pikeville incurred several violations which are as follows: (2) violations for treatment technique for Total Organic Carbon (TOC) removal. One in the third quarter and one in the fourth quarter. The TOC violations were caused by one month having a low removal. This reading is used to calculate quarterly and annual removal percentages. As this low reading month is removed from the calculations, our system will come back into compliance.

Total organic carbon (TOC) has no health effects. However, total organic carbon provides a medium for the formation of disinfection byproducts. These byproducts include trihalomethanes (THMs) and haloacetic acids (HAAs). Drinking water containing these by-products in excess of the MCL may lead to adverse health effects, liver, or kidney problems, or nervous system effects, and may lead to an increased risk of getting cancer.

During 2007 the City of Pikeville received a violation for monitoring and reporting sodium testing. All the required testing was done, however, one of two required samples was not filed on the correct form as required by the state. The City of Pikeville is resubmitting the results on the correct forms and Public Notification of the this violation will be issued at a later date. The City of Pikeville also received a Notice of Violation because a section of the Public Notice for the first TOC violation was omitted from the newspaper in which it was published. This violation does not require any further notifications.

Where Does My Water Come From?

Marrowbone Area (PWSID# 0980575):

Your source of water is the Russell Fork of the Big Sandy River. It is a surface water source. You are in the Marrowbone Area if your Mountain Water District account number starts with: 0104, 0105, 0106, 0107, 0108, 0109, 0111, 0112, 0113, 0114, 0118, 0119, 0120, 0121, 0122, 0123, 0124, 0125, 0202, 0203, 0204, 0205, 0206, 0207, 0208, 0209, 0210, 0211, 0213, 0221, 0409, 0601, 0602, 0603, 0604, 0605, 0701, 0702, 0703, 0705, 0801, 0802, 0803, 0804, 0805, 0806, 0807, 1002, 1005, 1006, 1007, 1008, 1009, 1010, 1011, 1012, 1013, 1014.

Pikeville Area (PWSID# 0980350):

Your water is purchased from the Pikeville Water Department. Their source water is the Big Sandy River. It is a surface water source. You are in the Pikeville Area if your Mountain Water District account number starts with: 0116, 0117, 0214, 0215, 0216, 0217, 0218, 0401, 0402, 0404, 0405, 0414, 0415, 0416, 0418, 0425, 0427, 0432, 0506, 0507, 0514, 0515, 0517, 0518, 0523, 0524, 0526, 1001, 1003, 1004.

Williamson Area (PWSID# 3303009WV):

Your water is purchased from the Williamson Water Department. Their source water is the Big Sandy River. It is a surface water source. You are in the Williamson Area if your Mountain Water District account number starts with: 0302, 0303, 0304, 0306, 0308, 0311, 0312, 0313, 0314, 0316, 0318, 0320, 0321, 0322, 0324, 0326, 0328, 0330, 0332, 0334, 0336, 0344, 0508, 0509, 0510, 0512, 0520, 0901, 0903, 0904, 0905.

Lead and Drinking Water

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. Mountain Water District is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at www.epa.gov/safewater/lead.
## Sampling Results

During the past year we have taken hundreds of water samples in order to determine the presence of any radioactive, biological, inorganic, volatile organic or synthetic organic contaminants. The table below shows only those contaminants that were detected in the water. Although all of the substances listed here are under the Maximum Contaminant Level (MCL), we feel it is important that you know exactly what was detected and how much of the substance was present in the water.

The state requires us to monitor for certain substances less than once per year because the concentrations of these substances do not change frequently. In these cases, the most recent sample data are included, along with the year in which the sample was taken.

### Regulated Substances

<table>
<thead>
<tr>
<th>Substance (Unit of Measure)</th>
<th>Year Sampled</th>
<th>Mountain Water District</th>
<th>Pikeville Water Dept</th>
<th>Williamson Water Dept</th>
</tr>
</thead>
<tbody>
<tr>
<td>Barium (ppm)</td>
<td>2007</td>
<td>2</td>
<td>2</td>
<td>NA</td>
</tr>
<tr>
<td>Chlorine (ppm)</td>
<td>2007</td>
<td>[4]</td>
<td>[4]</td>
<td>1.94</td>
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<tr>
<td>Fluoride (ppm)</td>
<td>2007</td>
<td>4</td>
<td>4</td>
<td>1.135</td>
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<tr>
<td>Halocetic Acids [HAA]</td>
<td>2007</td>
<td>60</td>
<td>NA</td>
<td>0.035</td>
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<tr>
<td>Nitrate (ppm)</td>
<td>2007</td>
<td>10</td>
<td>10</td>
<td>0.38</td>
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<tr>
<td>TTHMs [Total Trihalomethanes] (ppb)</td>
<td>2007</td>
<td>80</td>
<td>NA</td>
<td>0.0602</td>
</tr>
<tr>
<td>Total Organic Carbon (ppm)</td>
<td>2007</td>
<td>TT</td>
<td>NA</td>
<td>1.31</td>
</tr>
<tr>
<td>Turbidity (NTU)</td>
<td>2007</td>
<td>TT</td>
<td>NA</td>
<td>0.450</td>
</tr>
</tbody>
</table>

Turbidity (Lowest monthly percent of samples meeting limit)

### Tap Water Samples

Tap water samples were collected from 30 sample sites throughout the community (Lead was not detected at the 90th percentile)

### Footnotes:

1. TOC violations were for the City of Pikeville only.
2. Turbidity is a measure of the cloudiness of the water. It is monitored because it is a good indicator of the effectiveness of the filtration system.
Definitions

AL (Action Level): The concentration of a contaminant, which if exceeded, triggers treatment or other requirements which a water system shall follow.

MCL (Maximum Contaminant Level): The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

MCLG (Maximum Contaminant Level Goal): The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

MRDL (Maximum Residual Disinfectant Level): The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

MRDLG (Maximum Residual Disinfectant Level Goal): The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

NA: Not applicable

ND (Not detected): Indicates that the substance was not found by laboratory analysis.

NTU (Nephelometric Turbidity Units): Measurement of the clarity or turbidity of water. Turbidity in excess of 5 NTU is just noticeable to the average person.

pCi/L (picocuries per liter): A measure of radioactivity.

ppb (parts per billion): One part substance per billion parts water (or micrograms per liter).

ppm (parts per million): One part substance per million parts water (or milligrams per liter).

TT (Treatment Technique): A required process intended to reduce the level of a contaminant in drinking water.